



SRNMCON 2021

6TH ANNUAL CONFERENCE OF SOCIETY OF
RENAL NUTRITION AND METABOLISM

2ND - 3RD OCTOBER 2021 | VIRTUAL PLATFORM

Organized by Mumbai Kidney Foundation



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WELCOME MESSAGE

Greetings from Mumbai Kidney Foundation and a warm welcome to all of you.

We are absolutely delighted to host this year's SRNMCON 2021 & we would have loved to welcome you in person but will have to do the second best and that is to meet you on line with the same love and affection.

SRNM is a seven years young society, making tremendous contribution towards spreading awareness of renal nutrition amongst dieticians, primary care physicians, and internists in general and nephrologists in particular. Over the years, the society has helped develop renal nutrition as an important subspeciality, a subject which is extremely important but, which unfortunately is not given the kind of importance which medical nutrition therapy deserves, especially in nephrology curriculum.

SRNMCON meeting is a speciality conference especially designed for professionals who care for renal patients both AKI, CKD and also transplants.

Though kidney care has advanced rapidly in recent years, people with kidney disease remain at high risk for malnutrition and protein energy wasting. In addition the fluid, electrolyte, acid base and mineral bone metabolic changes, coupled with hypertension and diabetes, make dietary adjustments and palatability a challenging task requiring constant updating of knowledge and interaction. Hence the need for a conference like SRNMCON. Our aim is to encourage optimum and guideline based nutritional care of renal patients. We can make the difference in the patients outcome by implementing newer developments in the field of renal nutrition.

it is our endeavor to improve quality of life of our patients by providing quality nutrition care, and to get inputs from experts in the field of nutrition and dietetics through this meeting

We welcome all of you to join us in our mission.

Do register in large numbers and help us all in knowledge sharing.

Welcome to Mumbai, Albeit virtually.

We promise not to disappoint you



Dr. Umesh Khanna
Organising Chairperson



Dr. Arun Shah
Organising Chairperson



Dr. Aakash Shingada
Organizing Secretary



Dr. Ankit Mody
Co-Organizing Secretary

MESSAGE FROM PRESIDENT

It is my great pleasure to welcome you all to 6th Annual Conference of Society of Renal Nutrition & Metabolism of India which will be held at Mumbai on Virtual Platform on October 2nd & 3rd 2021. This will serve very important task by promoting research & fostering professional education in India, particularly with regard to nutritional & metabolic disorders and the prevention & treatment in patients with Kidney Disease because nutritional & metabolic factors contribute importantly to the morbidity of patients with kidney disease & these disorders tend to be rather neglected in countries throughout the world.

It is heartening to know that this conference is being organized Mumbai Kidney Foundation under the leadership of Dr Umesh Khanna, organizing chairman another highlight of this conference is the active involvement of Association of Physicians of India (API) and Indian Dietetic Association (IDA) This will ensure wide range of participation of physicians & nutritionists.

The Scientific program of this conference is excellent & should provide much information & intellectual stimulation for the participants.

In addition, there is active participation of international faculty who will enlighten us with their vast experience.

I wish this conference all the success & SRNM for all its future endeavors



Dr. A K Bhalla

DM, MD, MNAMS, FISN, FASN, FRCP FISOT
President SRNM
Chairman & HOD
Dept of Nephrology, Sir Ganga Ram Hospital, New Delhi

MESSAGE FROM SECRETARY

The Society of Renal Nutrition and Metabolism was formally inaugurated on 23rd November 2015 on its first activity "Workshop on Renal Nutrition and Metabolism" which was the first step in begetting nephrologists, non-nephrologists physicians and dieticians on a common platform of "feeding patient with precision to prevent malnutrition". The inspiration of Society of Renal Nutrition and Metabolism (SRNM) to fight malnutrition is deeply rooted in patient's inability to eat because of misconceptions on dietary restrictions.

This year the Society enters into its 7 year of its existence with its 6th Annual Conference SRNMCON 2021. The conference is being hosted at Mumbai on 2nd and 3rd October 2021, though, on a virtual platform due to much feared third surge of COVID-19 Pandemic.

The scientific contents of SRNMCON'2021 are enriched with updates on nutritional management of pre-dialysis chronic kidney disease, renal replacement therapy, immuno-nutrition along with case and panel discussions and innovative Carte du jour for patients with kidney disease.

This scientific feast is a podium to widen horizons for preventing malnutrition in patients with kidney disease. I wish the organizing team chaired by Dr Umesh Khanna the very best for the Conference and commend them for taking the Society to greater heights with active participation of Association of Physicians of India (API).

I wish this conference success.



Dr. Anita Saxena

MD (AM), PHD, PHD (Cambridge), FRCP (London)
Secretary SRNM
Professor, Department Of Nephrology
SGPGIMS, Lucknow

DAY 1: 2ND OCTOBER 2021

Hall A	Type	Session Topic	Speaker	Chairperson
11:00 -13:00	Pre conference Workshop	Regional Menu Planning - CKD		
11.00 - 11.05	Welcome		Zamurrud Patel	
11.05 - 11.20	Importance of Ethnic and Regional Foods		Jagmeet Madan	G. Koppikar Salome Benjamin
11.20 - 11.35	Regional Menu Making Workshop	West	Zamurrud Patel - Team Leader Gujarat - Rima Rao Maharashtra - Jayashree Paranjapee Goa - Eileen Canday	Jagmeet Madan G. Koppikar Salome Benjamin
11.35 - 11.50		East	Ipsita Chakravati - Team Bengal - Ipsita Chakravati Odisha - Sunita Sahoo Assam - Babita Hazarika	
11.50 - 12.05		South	Sandhya Singh - Team Leader Karnataka - Sunitha Rao Kerala - Soumya Nair Tamilnadu - Meenakshi Bajaj Telangana- P. Janaki Srinath	
12.05 - 12.20		Central	Anita Jatana - Team Leader MP - Priti Shukla UP - Smita Singh Chattisgard - Shilpi Goel	
12.20 - 12.35		North	Neelanjana Singh - Team Leader Kashmir - Kausar Parveen Rajasthan - Prity Vijay Punjab - Ritu Sudhakar	
12.35 - 12.55	Fine Tuning diet prescription		Neelanjana Singh	
12.55 - 13.00	Vote of Thanks		Zamurrud Patel	

DAY 1: 2ND OCTOBER 2021

INAUGURATION HALL A (13:00-13:30)

HALL A 13:30 - 15:30	Dietary Myth Busters Symposium	Case Based	Speaker (10+5)	Chairperson
13:30 - 13:50		AKI	Lovy Gaur/ Eileen Canday	D. Bhowmik, Tukaram Jamale, Tarun Jeloka
13:55 - 14:15		CKD non Dialysis	Pratim Sengupta / Ipsita Chakravati	
14:20 - 14:40		CKD dialysis -HD/PD	Rajesh Kumar / Rachna Jassani	
14:45 - 15:05		CKD-Anemia	Saubhik Sural / Anagha	Zamurrud Patel, Neelanjana Singh
15:10 - 15:30		Diet in Nephrotic syndrome	Sreelata / Sunitha Rao	
HALL B	Session Topic		Speaker	Chairperson
13:30 - 15:30	Nutrition in Special Population			
13:30 - 13:50		Pediatric patients with Kidney disease	Alpana Ayengar	Sanjeev Gulati, Anuja Agarwala
13:55 - 14:15		Nutrition in Elderly	Mayuri Trivedi	Harisha Babu, Nimali Singh
14:20 - 14:40		Palliative Care	Smriti Khanna	Kiran Kumar Mukku, Ravindra Prabhu, Safala Mahadik
14:45 - 15:05		Patients with Kidney and Liver disease	Narayan Prasad	Sankaran Sundar, Arvind Canchi, Ritu Sudhakar
15:10 - 15:30		Pregnant patient with Kidney disease	Namrata Rao	Manisha Sahay, Manjusha Yadla, Kavita Gupta

DAY 1: 2ND OCTOBER 2021

HALL A	Type	Session Topic	Speaker	Chairperson
15:35 - 16:45	Clinical implications of Malnutrition in CKD			
15:35 - 15:55		Sarcopenia in CKD - the bane of protein restriction	Ayan Dey	Dinesh Khullar, Sunil prakash, Ambika Nair
16:00 - 16:20		Metabolic acidosis and nutritional status	Smita Divyaveer	Ratan Jha, Ashwani Gupta, Salome Benjamen
16:25 - 16:45		Role of inflammation and its effect on nutritional status	Sampat Kumar	Dilip Bhalla, Rasika Sirsat, Kajal Pandya
HALL B	Session Topic		Speaker	Chairperson
15:35-16:35	Risk Factor for CKD Progression			
15:35 - 15:50	Effect of Smoking and Alcohol on Kidney disease		Priti Meena	Ashok Kirpalani, Manish Singla, Sana Sahigara
15:55 - 16:10	Normal Weight Obesity		Mangesh Tiwaskar	Archana Bhadauria, RK Sahay, Shilpa Shirole
16:15 - 16:35	Keto diet, Intermittent fasting in era of SGLT2inhibitors		Shashank Joshi	Sandeep Mahajan, Hemant Mehta, Niti Desai

DAY 1: 2ND OCTOBER 2021

HALL A	Session Topic	Speaker	Chairperson
16:50 - 17:20	Tele-nutrition: Reaching more people with technology		
16:50 - 17:20	Telenutrition in the times of the pandemic	Vivekanand Jha	DS Rana, PP Varma, Priya Karkera, Vaibhav Keskar
HALL B	Session Topic	Speaker	Chairperson
16:40 - 17:20	Challenges in CKD nutrition		
16:40 - 17:00	Role of Salt in CKD	R Ravichandran	Urmilla Anandh, Kavita Bakshi
17:05 - 17:20	Is diet a risk factor for MM	Anita Saxena	Anand Joshi, Arun Govil, Anita Jatana

HALL A	Session Topic	Speaker	Chairperson
17:25 - 18:20	Nutritional issues in Peritoneal dialysis patient		
17:25 - 17:55	Nutritional issues in Peritoneal dialysis patient	Rajnish Mehrotra	Amit Gupta, Arup Dutta, Rachna Jassani
18:00 - 18:20	Nutritional issues in PD: Indian Perspective - Panel Discussion		Moderator: Georgi Abraham; Panelists: Sarat Kumar, Ookalkar, R Ram, Hema Malini
HALL A	Plenary		
18:25 - 18:55	Nutritional Management of Kidney stone disease	David S Goldfarb	M M Rajapurkar, Vijay Kher, Shifali Mehra
HALL A	Oration		
19:00 - 19:45	Micronutrients in Kidney Disease	Anil K. Bhalla	DS Rana, Georgi Abraham, Anita Saxena, Jayashree Paranjapee
19:45 - 21:00	Entertainment Program		

DAY 2: 3RD OCTOBER 2021

HALL A	Session Topic	Speaker	Chairperson
08:00-09:30	Fluid and Electrolyte Symposium		
08:00 - 08:30	Hyponatremia	Ajay Kher	Alan Almeida, Rasika Sirsat, Eileen Canday
08:35 - 09:05	Hyperkalemia	Sreebhusan Raju	Kalpna Mehta, Ketan Mehta, Priti Shukla
09:10 - 09:25	Metabolic acidosis	Sanjay Pandya	Mayoor Prabhu, Rajeevalochana
HALL B	Session Topic	Speaker	Chairperson
08:00 - 09:30	Physical Nutritional Assessment Symposium		
08.00 - 08.05	Introduction	Zamurrud Patel	
08.05 - 08.50	Physical Nutritional Assessment	Mirey Karavetian	Jagmeet Madan, Salome Benjamin
08.50 - 09.10	Indian Case Studies for Physical Nutritional Assessment	Priyanka Rohatgi	
09.10 - 09.25	Q&A Session	Mirey Karavetian Priyanka Rohatgi	Sandhya Singh
09.25 - 09.30	Vote of Thanks	Ipsita Charavarti	

DAY 2: 3RD OCTOBER 2021

HALL A	Session Topic	Speaker	Chairperson
09:35 - 10:15	Plenary Session		
09:35 - 10:15 (30+10)	Plant-Dominant Low Protein Diet for Prevention and Management of Kidney Disease	Kam Kalantar Zadeh	KS Nayak, Jagmeet Madan
HALL A	Session Topic	Speaker	Chairperson
10:15 - 12:10	Obesity Symposium		
10:15 - 10:35	Neuroscience of Obesity - Why do we get fat?	Siddharth Warriar	Krishna Penmatsa, Arpita Roy Choudhary, Niti Desai
10:40 - 11:00	Obesity and the kidney	Amit Langote	SK Agarwal, Pankaj Hans, Naaznin Hussain
11:05 - 11:25	Obesity and the kidney: Dietary intervention	Carlyne Remidio	Rishit Harbada, Radhika Shah, Varun Bansal
11:30 - 11:50	Bariatric Surgery in patients with CKD	Muffazal lakdawala	JA Jayalal, Hemal Shah, Ritika Samadhar
11:55 - 12:10	Oral Hygiene and its role in systemic disease	Umesh Khanna	Jayakumar, JP Ojha, Meena Mehta
HALL B	Session Topic	Speaker	Chairperson
10:15 - 12:10	Negotiating issues in post Kidney Transplant		
10:15 - 10:35	NODAT	Anurag Gupta	Dinesh Khullar, AR Halankar
10:40 - 11:00	Diarrhoea in post Kidney Transplant	Molina Khanna	Vivek Kute, PP Varma
11:05 - 11:25	Immunosuppression and interaction with food and herbs	Shruti Tapiawala	Sameer Mohindra, Gunjotikar
11:30 - 11:50	Obesity in post Kidney Transplant	Anshul Bhalla	Alan Almeida, SB Bansal
11:55 - 12:10	Recommendations for fluid intake and hygiene	Prateek Das	Bharat Shah, Chako Jacob

DAY 2: 3RD OCTOBER 2021

HALL A	Session Topic	Speaker	Chairperson
12:15 - 12:40	Plenary Session		
12:15 - 12:40 (20+5)	Gluten free diet / dairy free diet and effect on Gut microbiota and proteinuria	Klara Pudel	Anita Saxena, Anil Bhalla, Zamurrud Patel
HALL A	Session Topic	Speaker	Panelists
12:45 - 13:30	Panel Discussion		
	Are we being Too restrictive? Dietary Satisfaction, Quality of life in CKD	Kamal D Shah, Anita Saxena, Sana Sahigara, Arvind Canchi, Samiir Halady	Umesh Khanna, Zamurrud Patel

HALL A	Session Topic	Speaker	Chairperson
13:35-15:05	Critical Care Symposium		
13:35 - 13:55	Nutritional evaluation of critically ill patient with reduced renal function	Ratan Jha	Arpita Roy Chaudhary, Lohitaksha Suratkal,
14:00 - 14:20	Nutritional management of Critically ill patient with reduced kidney function - Nephro perspective	Rajasekara Chakravarthi	Deodatta Chafekar, Mukesh Shetye
14:25 - 14:45	Nutritional management of Critically ill patient with reduced kidney function - Intensivist perspective	Harish Chafle	Jayanta Dutta, Mangesh Tiwaskar Salome Benjamin
14:50 - 15:05	Practical prescription of feeds	Vaidehi Nawathe	Rimita Dey, Mangesh Tiwaskar Salome Benjamin
HALL B	Session Topic	Speaker	Chairperson
13:35 - 15:05	Hemodialysis		
13:35 - 13:55	Intradialytic Parenteral Nutrition	Debajyoti Roy	Anita Saxena, Sanjiv Jasuja
14:00 - 14:20	Dialysis and Enteral Supplements	Arun Shah	Santosh Varughese, Narendra Dedhia
14:25 - 14:45	Newer iron preparations - Oral and IV	Ankit Mody	Mitul Bora, NK Hase
14:50 - 15:05	Strategies to minimize interdialytic weight gain	Aakash Shingada	Succeena Alexander, Tushar Dighe

DAY 2: 3RD OCTOBER 2021

HALL A	Session Topic	Speaker	Chairperson
15:10 - 16:05	Immunity boosters and Kidney health - the good, bad and ugly		
15:10 - 15:25	Vitamin D	Keyur Dave	Ruby Sound, Manisha Dassi
15:30 - 15:45	Vitamin C	Smriti Sinha	S Vishwananth, Rita Patil
15:50 - 16:05	Nephrotoxicity of herbal Medicines and Gym Supplements	Sanjeev Nair	Sreejith Parmeswaran, Sukhada Bhatte Paralkar
HALL B	Session Topic	Speaker	Chairperson
15:10 - 16:20	Gut Health and CKD		
15:10 - 15:30	Metabolic effects of Gut flora in Post Transplant patients	Geeta Dharmatti	DK Sinha, T. Dhinakaran
15:35 - 15:55	PPIs - metabolic effects and its role in Kidney disease	Amit Goel	Om Kumar, Anand Chellapan
16:00 - 16:20	Pre and pro biotics - Evidence and cost effectiveness	Hemal Shah	KL Gupta, Ashok Kumar Baidya, Varsha Gore
HALL A	Session Topic	Speaker	Chairperson
16:10 - 17:20	Phosphorous, Uric Acid and Lipids in CKD - are we clear or confused?		
16:10 - 16:30	Hyperphosphatemia in CKD	Arghya Majumdar	Sunil Prakash, Pradeep Salgia
16:35 - 16:55	Hyperuricemia in CKD	Gopal Krishnan	Arvind Kalla, Praveen Kumar Etta
17:00 - 17:20	Lipids in CKD	Zaheer Virani	Garima Agarwal, Wahid Khan
HALL B	Session Topic	Speaker	Chairperson
16:25 - 17:20	Guidelines in CKD		
16:25 - 16:55	Hypertension in CKD	Santosh Varughese	Sanjay Tandon, Nirupam Prakash
17:00 - 17:20	CKD-MBD	Abhilash Chandra	Himanshu Mahapatra, Aniket Hase
HALL A	Session Topic	Speaker	Chairperson
17:20 - 17:50	Debate		
17:20 - 17:50	Ketoanalogues in Kidney Disease	For - Vinant Bhargava	KS Nayak Amit Gupta
		Against - M. Edwin Fernando	
HALL A	Quiz	Quiz Masters	
17:55 - 18:50	Attractive prizes to be won	Divya Bajpai, Aakash Shingada	

QUIZ COMPETITION

3RD OCTOBER 2021

TIME: 17:55 - 18:50PM



ATTRACTIONIVE
PRIZES



ABSTRACT GUIDELINES

The Society of Renal Nutrition & Metabolism is organizing the 6th Annual Conference of **"The Society of Renal Nutrition & Metabolism, SRNMCON 2021"** under the aegis of Mumbai Kidney Foundation.

The Organizing Committee of **SRNMCON 2021** invites abstract submission for the free paper session which will give opportunity to students and practitioners to present their work at this prestigious event.

If you wish to submit an abstract for consideration you must also intend to register for the conference. Online submission is only the method of receipt of abstracts. You can submit your abstract via email on srnmcon21@gmail.com

Instructions for preparing Abstract:


- » All posters accepted for **SRNMCON 2021** will be displayed on the Virtual LCD PDF format.
- » Registration is mandatory.
- » All posters will be set in portrait style orientation and all information (i.e. text, data, photos, and figures) must be designed to appear within one window/slide.
- » Font size- Minimum 16 point
- » Font type- Arial/Calibri
- » Maximum size of Abstract - 10 MB
- » Title of the E-Poster (should be brief and match with the submitted abstract).
- » When using colors for the presentation, keep only 2-3 colors. Please select background colors that contrast well with the font to allow easier reading of your text.
- » Make sure that any photographs or figures being used in the poster are with sufficient size so that they are clearly visible, with a minimum 300-dpi resolution. The number of photographs should be limited to only those that are essential and relevant for the poster (preferable not exceeding 4-6 photos).
- » Graphs and tables should be well organized and the font used should be of a size that is easy to read.
- » The presenting author's name must be underlined. The presenting author's name, institution, address, telephone and email address must be provided. Presenting authors must be registered for the conference. Only Registered delegates will be allowed to present.
- » Structure of abstracts for original research / reviews / case studies Introduction
- » Aim & Objectives
- » Materials & Methods
- » Background
- » Result / Case
- » Conclusion/ Clinical Relevance

Your abstract will be scored on the following criteria:

- » Scientific merit of the abstract
- » Adequate sample size and proper statistical analysis
- » Adherence to instructions and Originality of work

The deadline to submit your Abstract is 15th September 2021

We encourage original research work. All abstracts will be reviewed by panel of experts.



**CASH PRIZE
11,000
WILL BE AWARDED
TO THE BEST PAPER**

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KEY DATES

**LAST DATE FOR
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**SEPTEMBER 15TH 2021
WEDNESDAY: 23:59 HRS IST**

**NOTIFICATION TO AUTHORS
ON ACCEPTANCE**

**SEPTEMBER 20TH 2021
MONDAY**

FINAL PROGRAM RELEASE

**SEPTEMBER 25TH 2021
SATURDAY**

Submit Your Abstract: srnmcon21@gmail.com

CONFERENCE SECRETARIAT

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