



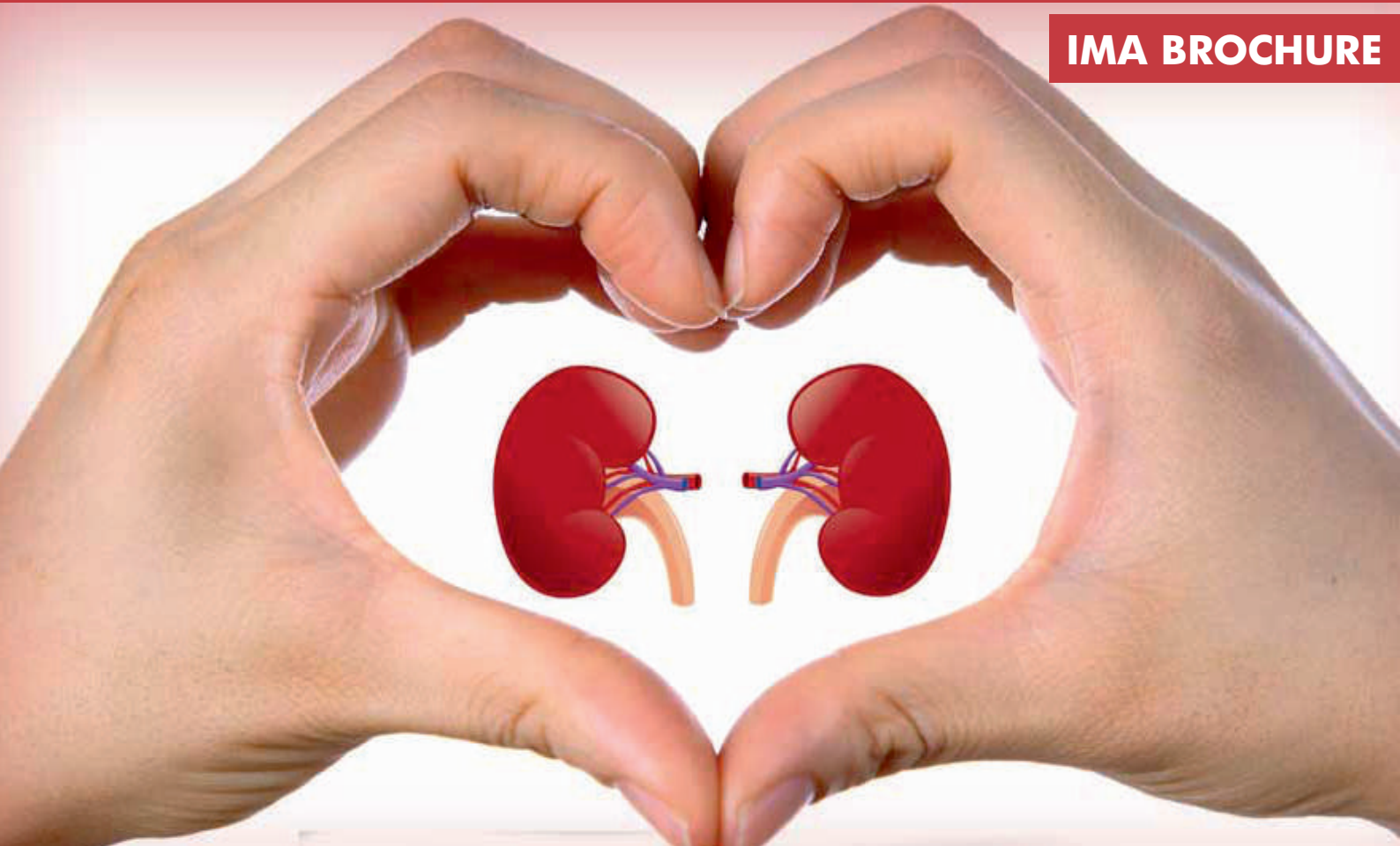
SRNMCON 2021

6TH ANNUAL CONFERENCE OF SOCIETY OF
RENAL NUTRITION AND METABOLISM

2ND - 3RD OCTOBER 2021 | VIRTUAL PLATFORM

ORGANIZED BY MUMBAI KIDNEY FOUNDATION

IMA BROCHURE



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WELCOME MESSAGE

Greetings from Mumbai Kidney Foundation and a warm welcome to all of you.

We are absolutely delighted to host this year's SRNMCON 2021 & we would have loved to welcome you in person but will have to do the second best and that is to meet you on line with the same love and affection.

SRNM is a seven years young society, making tremendous contribution towards spreading awareness of renal nutrition amongst dieticians, primary care physicians, and internists in general and nephrologists in particular. Over the years, the society has helped develop renal nutrition as an important subspeciality, a subject which is extremely important but, which unfortunately is not given the kind of importance which medical nutrition therapy deserves, especially in nephrology curriculum.

SRNMCON meeting is a speciality conference especially designed for professionals who care for renal patients both AKI, CKD and also transplants.

Though kidney care has advanced rapidly in recent years, people with kidney disease remain at high risk for malnutrition and protein energy wasting. In addition the fluid, electrolyte, acid base and mineral bone metabolic changes, coupled with hypertension and diabetes, make dietary adjustments and palatability a challenging task requiring constant updating of knowledge and interaction. Hence the need for a conference like SRNMCON. Our aim is to encourage optimum and guideline based nutritional care of renal patients. We can make the difference in the patients outcome by implementing newer developments in the field of renal nutrition.

It is our endeavor to improve quality of life of our patients by providing quality nutrition care, and to get inputs from experts in the field of nutrition and dietetics through this meeting

We welcome all of you to join us in our mission.

Do register in large numbers and help us all in knowledge sharing.

Welcome to Mumbai, Albeit virtually.

We promise not to disappoint you



Dr. Umesh Khanna
Organising Chairperson



Dr. Arun Shah
Organising Chairperson



Dr. Aakash Shingada
Organizing Secretary



Dr. Ankit Mody
Co-Organizing Secretary

MESSAGE FROM PRESIDENT

It is my great pleasure to welcome you all to 6th Annual Conference of Society of Renal Nutrition & Metabolism of India which will be held at Mumbai on Virtual Platform on October 2nd & 3rd 2021. This will serve very important task by promoting research & fostering professional education in India, particularly with regard to nutritional & metabolic disorders and the prevention & treatment in patients with Kidney Disease because nutritional & metabolic factors contribute importantly to the morbidity of patients with kidney disease & these disorders tend to be rather neglected in countries throughout the world.

It is heartening to know that this conference is being organized Mumbai Kidney Foundation under the leadership of Dr Umesh Khanna, organizing chairman another highlight of this conference is the active involvement of Association of Physicians of India (API) and Indian Dietetic Association (IDA) This will ensure wide range of participation of physicians & nutritionists.

The Scientific program of this conference is excellent & should provide much information & intellectual stimulation for the participants.

In addition, there is active participation of international faculty who will enlighten us with their vast experience.

I wish this conference all the success & SRNM for all its future endeavors



Dr. A K Bhalla

DM, MD, MNAMS, FISN, FASN, FRCP FISOT
President SRNM
Chairman & HOD
Dept of Nephrology, Sir Ganga Ram Hospital, New Delhi

MESSAGE FROM SECRETARY

The Society of Renal Nutrition and Metabolism was formally inaugurated on 23rd November 2015 on its first activity "Workshop on Renal Nutrition and Metabolism" which was the first step in begetting nephrologists, non-nephrologists physicians and dieticians on a common platform of "feeding patient with precision to prevent malnutrition". The inspiration of Society of Renal Nutrition and Metabolism (SRNM) to fight malnutrition is deeply rooted in patient's inability to eat because of misconceptions on dietary restrictions.

This year the Society enters into its 7 year of its existence with its 6th Annual Conference SRNMCON 2021. The conference is being hosted at Mumbai on 2nd and 3rd October 2021, though, on a virtual platform due to much feared third surge of COVID-19 Pandemic.

The scientific contents of SRNMCON'2021 are enriched with updates on nutritional management of pre-dialysis chronic kidney disease, renal replacement therapy, immuno-nutrition along with case and panel discussions and innovative Carte du jour for patients with kidney disease.

This scientific feast is a podium to widen horizons for preventing malnutrition in patients with kidney disease. I wish the organizing team chaired by Dr Umesh Khanna the very best for the Conference and commend them for taking the Society to greater heights with active participation of Association of Physicians of India (API).

I wish this conference success.



Dr. Anita Saxena

MD (AM), PHD, PHD (Cambridge), FRCP (London)
Secretary SRNM
Professor, Department Of Nephrology
SGPGIMS, Lucknow

WELCOME MESSAGE IMA

At the outset, let me congratulate Mumbai Kidney foundation for hosting the 6 th Annual Conference of the Society of Renal Nutrition and Metabolism (SRNMCON), an international conference with an Indian flavour.

The Indian Society of Renal Nutrition and Metabolism is a national level society which promotes knowledge, study and practice of the speciality of Renal Nutrition and Nephrology. We at the IMA are happy to be the academic partners to the conference.

This conference which will be held on a virtual platform on 2-3 rd October 2021, would be a great opportunity for all the non nephrologists to understand the nuances of medical nutrition therapy in chronic Non communicable diseases, especially DM, Obesity, HT and CKD.

We encourage all our members to participate wholeheartedly as this promises to be practically oriented and interactive meeting which will help us in managing clinical issues faced in our daily practice.

The organizers have also planned various live interactive cooking workshops covering cuisines of every region of the country. Various academic sessions presented by National and International speakers are also the highlights of the conference.

A session that is useful to every clinician is a case based workshop on 9th -10th october on practical problems in Nephrology.

Registration is free but compulsory

.Kindly attend in large numbers.



Dr. J. A. Jayalal
IMA National President



Dr. Jayesh Lele
IMA National Secretary

DAY 1: 2ND OCTOBER 2021

Room	Time	Type	Session Topic
Hall A	11:00-13:00	Pre conference Workshop	
		Regional Menu Making Workshop	North
			South
			Central
			East
			West
		Fine tuning diet prescription: How to improve nutrition in CKD	

Hall A 13:00-13:30 INAUGURATION FUNCTION

Hall A	13:30-15:30	Dietary Myth Busters Symposium	Case based
	13:30-13:50		AKI
	13:55-14:15		CKD non Dialysis
	14:20-14:40		CKD dialysis -HD/PD
	14:45-15:05		CKD-Anemia
	15:10-15:30		Diet in Nephrotic syndrome
Hall B	13:30-15:30	Nutrition in Special Population	
	13:30-13:50		Pediatric patients with Kidney disease
	13:55-14:15		Nutrition in Elderly
	14:20-14:40		Palliative Care
	14:45-15:05		Patients with Kidney and Liver disease
	15:10-15:30		Pregnant patient with Kidney disease

DAY 1: 2ND OCTOBER 2021

Room	Time	Type	Session Topic
Hall A	15:35-16:45		Clinical implications of Malnutrition in CKD
	15:35-15:55		Sarcopenia in CKD - the bane of protei restriction
	16:00-16:20		Metabolic acidosis and nutritional status
	16:25-16:45		Role of inflammation and its effect on nutritional status
Hall B	15:35-16:30		Risk Factor for CKD Progression
	15:35-15:50		Effect of Smoking and Alcohol on Kidney disease
	15:55-16:10		Normal Weight Obesity
	16:15-16:30		Keto diet, Intermittent fasting in era of SGLT2inhibitors

Room	Time	Type	Session Topic
Hall A	16:50-17:20		Tele-nutrition: Reaching more people with technology
	16:50-17:20		Telenutrition in the times of the pandemic
Hall B	16:35-17:20		Challenges in CKD nutrition
	16:35-16:55		Role of Salt in CKD
	17:00- 17:20		Is diet a risk factor for MM

Hall A	17:25-18:20		Nutritonal issues in Peritoneal dialysis patient
	17:25-17:55		Nutritonal issues in Peritoneal dialysis patient
	18:00-18:20		Nutritional issues in PD: Indian Perspective - Panel Discussion
Hall A	18:25-18:55		Plenary
	18:25-18:55		Nutritional Management of Kidney stone disease
Hall A	19:00-19:45		Oration
	19:00-19:45		Micronutrients in Kidney Disease

DAY 2: 3RD OCTOBER 2021

Room	Time	Type	Session Topic
Hall A	08:00-09:30	Fluid and Electrolyte Symposium	
	08:00-08:30		Hyponatremia
	08:35-09:05		Hyperkalemia
	09:10-09:25		Metabolic acidosis
Hall B	08:00-09:00	Nutritional Assessment Symposium	
	08:00-08:30		Nutritional Assessment with Body Composition tools
	08:35-09:05		Nutritional Assessment using biochemical profile, appetite and diet

Room	Time	Type	Session Topic
Hall A	09:30-11:25	Obesity Symposium	
	09:30-09:50		Neuroscience of Obesity - Why do we get fat?
	09:55-10:15		Obesity and the kidney
	10:20-10:40		Obesity and the kidney: Dietary intervention
	10:45-11:05		Bariatric Surgery in patients with CKD
	11:10-11:25		Oral Hygiene and its role in systemic disease
Hall B	09:30-11:25	Negotiating issues in post Kidney Transplant	
	09:30-09:50		NODAT
	09:55-10:15		Diarrhoea in post Kidney Transplant
	10:20-10:40		Immunosuppression and interaction with food and herbs
	10:45-11:05		Obesity in post Kidney Transplant
	11:10-11:25		Recommendations for fluid intake and hygiene

DAY 2: 3RD OCTOBER 2021

Room	Time	Type	Session Topic
Hall A	11:30-12:40		Plenary sessions
	11:30-12:10 (30+10)		Plant-Dominant Low Protein Diet for Prevention and Management of Kidney Disease
	12:15-12:40 (20+5)		Gluten free diet / dairy free diet and effect on Gut microbiota and proteinuria

Room	Time	Type	Session Topic
Hall A	12:45-13:30		Panel Discussion
			Are we being Too restrictive? Dietary Satisfaction, Quality of life in CKD

Room	Time	Type	Session Topic
Hall A	13:35-15:05		Critical Care Symposium
	13:35-13:55		Nutritional evaluation of critically ill patient with reduced renal function
	14:00-14:20		Nutritional management of Critically ill patient with reduced kidney function - Nephro perspective
	14:25-14:45		Nutritional management of Critically ill patient with reduced kidney function - Intensivist perspective
	14:50-15:05		Practical prescription of feeds
Hall B	13:35-15:05		Diet and Hemodialysis
	13:35-13:55		Intradialytic Parenteral Nutrition
	14:00-14:20		Dialysis and Enteral Supplements
	14:25-14:45		Newer iron preparations - Oral and IV
	14:50-15:05		Strategies to minimize interdialytic weight gain

DAY 2: 3RD OCTOBER 2021

Room	Time	Type	Session Topic
Hall A	15:10-16:05	Immunity boosters and Kidney health - the good, bad and ugly	
	15:10-15:25		Vitamin D
	15:30-15:45		Vitamin C
	15:50-16:05		Nephrotoxicity of herbal Medicines and Gym Supplements
Hall B	15:10-16:20	Gut Health and CKD	
	15:10-15:30		Metabolic effects of Gut flora in Post Transplant patients
	15:35-15:55		PPIs - metabolic effects and its role in Kidney disease
	16:00-16:20		Pre and pro biotics - Evidence and cost effectiveness

Room	Time	Type	Session Topic
Hall A	16:10-17:20	Phosphorous, Uric Acid and Lipids in CKD - are we clear or confused?	
	16:10-16:30		Hyperphosphatemia in CKD
	16:35-16:55		Hyperuricemia in CKD
	17:00-17:20		Lipids in CKD
Hall B	16:25-17:20	Guidelines	
	16:25 - 16:55		Hypertension
	17:00-17:20		CKD-MBD

Room	Time	Type	Session Topic
Hall A	17:20-17:50	Debate	
			Ketoanalogues in Kidney Disease
Hall A	17:55-18:50	Quiz	Attractive prizes to be won

NEPHROCON WORKSHOP

**SATURDAY DAY 1: 9 OCTOBER 2021
(01.30 PM - 05.30 PM)**

TIME	TOPIC	SPEAKER	CHAIRPERSON
1.30 -1.45	Inauguration and Deep Prajwalan	Dr. A Jayalal, Dr. Jayesh Lele Dr. Suhas Pingle Dr. Ravi Wankhedkar Dr. Akil Contractor Dr. RV Asokan	
1.45- 2.00	Welcome address	Dr. Umesh Khanna Dr. Keyur Dave	
2.00- 2.50 Case 1: 2.00- 2.20 Case 2: 2.20- 2.40 Discussion: 2.40-2.50	Acute kidney injury cases-How do we deal with them	Case 1: Dr. Aakash Shingada Case 2: Dr. Sanjeev Nair	Dr. Manisha Sahay Dr. Edwin Fernando
2.55 – 3.45 Case 1: 2.55-3.15 Case2: 3.15-3.35 Discussion- 3.35-3.45	Glomerular diseases- Glamour and Glory of Nephrology	Case 1: Dr. Raja Ramchandran Case 2: Dr. Mayuri Trivedi	Dr. Alan Almeida Dr. Vijay Kher
3.50 -4.40 Panel Discussion	Obesity and Kidneys: A family physician can make a huge difference	Moderator- Dr. Umesh Khanna Panelists Dr. Rajiv Koli Dr. Tejas Shah Dr. Mukesh Shetye Dr. Ankit Mody	Dr. Yashoda Dr. Suhas Pingle

NEPHROCON WORKSHOP

SATURDAY DAY 1: 9 OCTOBER 2021 (01.30 PM - 05.30 PM)

TIME	TOPIC	SPEAKER	CHAIRPERSON
4.45- 5.30 Cases: 4.45-5.15 Discussion: 5.15- 5.30	Diet Myths busted with SRNMCON highlights	Dr. Zaheer Virani Dr. Arun Shah	Dr. Bharat Shah Dr. Anita Saxena Dr. Goghane

SUNDAY DAY 2: 10 OCTOBER 2021 (09.30 AM - 05.15 PM)

TIME	TOPIC	SPEAKER	CHAIRPERSON
9.30-10.20 Case 1: 9.30- 9.50 Case 2: 9.50-10.10 Discussion: 10.10-10.20	UTI- From pain to pee!	Case 1: Dr. Rajesh Kumar Case 2: Dr. Amit Langote	Dr. Shrikant Badwe Dr. Umesh Oza Dr. Sanjanwala
10.25-11.15 Case 1: 10.25 10.45 Case 2: 10.45-11.05 Discussion: 11.05-11.15	Electrolyte imbalance made simpler!!	Case 1: Dr. Ajay Kher Case 2: Dr. Sanjay Pandya	Dr. RV Asokan Dr. Arvind Canchi
11.20-12.10 Case 1: 11.20-11.40 Case 2: 11.40-12.00 Discussion: 12.00-12.10	Stones, LUTS and Prostate	Case 1: Dr. Suraj Suchak Case 2: Dr. Sachin Pahade	Dr. Ashiq Raval Dr. Soonawala Dr. J A Jayalal
12.15-1.05 Panel discussion	Heart –Kidney crosstalk(Hypertension se Contrast ka Tension	Moderator: Dr.Keyur Dave Panelists: Dr. Amit Sharma Dr. Ryan Dsouza Dr. Ketan Mehta Dr. Hemal Shah	Dr. Ravishankar Tn Dr. Jayesh Lele

NEPHROCON WORKSHOP

**SUNDAY DAY 2: 10 OCTOBER 2021
(09.30 AM - 05.15 PM)**

TIME	TOPIC	SPEAKER	CHAIRPERSON
1.10-1.45 Case: 1.10-1.35 Discussion: 1.35-1.45	Palliative care in Nephrology: Dr-"I don't want dialysis"! What are my options?	Dr. Smriti Khanna	Dr. Sundar Dr. Ravindra Prabhu
1.45-2.00	Lunch Break		
2.00-2.50 Panel Discussion	Diabetic Nephropathy Treatment and Challenges	Moderator: Dr. Umesh Khanna Panelists: Dr. Manoj Chawla Dr. Purvi Chawla Dr. Ami Sangavi Dr. Rushi Deshpande Dr. Bhavesh Vora	Dr. Deepak Dalal Dr. Kalpana Mehta
2.55-3.35 Case 1: 2.55-3.10 Case 2: 3.10-3.25 Discussion: 3.25-3.35	Chronic Kidney disease- The way ahead.	Case 1: Dr. Manish Rathi Case 2: Dr. Rajeevlochana	Dr. Rasika Sirsat Dr. Vinay Agarwal
3.40- 4.25 Case 1: 3.40-3.55 Case 2: 3.55-4.10 Discussion: 4.10-4.25	Drugs and Kidneys- Expect the unexpected	Case 1: Dr. Dipankar Bhowmick Case 2: Dr. Urmilla Anandh	Dr. Ashok Kriplani Dr. Pragnesh Joshi
4.30- 5.00 Debate Speaker 1 (For): 4.30-4.40 Speaker 2 (Against) : 4.40 to 4.50 REBUTTAL Speaker 1: 4.50-4.55 Speaker 2: 4.55-5.00	Should we treat asymptomatic hyperuricemia	For: Dr. Garima Agarwal Against: Dr. Tarun Jeloka	Dr. Mangesh Tiwaskar Dr. Akil Contractor

5.00- 5.10 : VOTE OF THANKS

ORGANISING COMMITTEE



Dr. Bharat Shah
Patron



Dr. Ashok Kriplani
Patron



Dr. Kumud Mehta
Patron



Dr. AR Halankar
Patron



Dr. Bhupendra Gandhi
Patron



Dr. Alan Almeida
Patron



Dr. Umesh Khanna
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Dr. Aakash Shingada
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Dr. Ankit Mody
Co-Organizing Secretary



Dr. Hemal Shah
Treasurer



Dr. Keyur Dave
Co-Treasurer



Dr. Mayuri Trivedi
Scientific Committee



Dr. Zaheer Virani
Scientific Committee



Dr. Rajesh Kumar
Scientific Committee



Dr. Zamrud Patel
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Dr. A K Bhalla



Dr. Georgi Abraham



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Dr. Sunil Prakash



Dr. K S Nayak



Dr. Pratim SenGupta



Dr. Umesh Khanna



Dr. Zamrud Patel



Dr. Mayuri Trivedi



Dr. Zaheer Virani

OUR ACADEMIC PARTNERS



Dr. Kamlesh Tewary
President of National API



Dr. Mangesh Tiwaskar
Hon. Gen. Secretary API



Dr. J. A. Jayalal
IMA National President



Dr. Jayesh Lele
IMA National Secretary



Dr. Jagmeet Madan
National President IDA



Dr. Geeta Dharmatti
SIG - Lead NEC Member IDA

REGISTRATION

SRNMCON CONFERENCE LINK

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NEPHROCON WORKSHOP 9TH - 10TH OCTOBER 2021

SEPARATE IMA REGISTRATION LINK:

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CONFERENCE SECRETARIAT

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